

DIPLOMA IN SPIRITUAL COACHING & CAREGIVING

Spiritual
Companions
Trust



CFI Level 3

Ofqual Register Qual No: 601/8673/2
Subject Area: Health and Social Care

Inclusive Diverse Holistic **Pioneering and Unique** **UK Vocational Qualification**

It is increasingly recognised that spiritual health is vital for our overall health and wellbeing. As more and more people seek support on their spiritual journey, could you be there to help them?

TRAIN WITH US

- ✓ Our Ofqual registered qualification is the only UK course of its kind.
- ✓ It is for people of all faiths and none.
- ✓ It is for anyone seeking to integrate spiritual care and coaching into their personal lives, and professional and voluntary work.

Online course starting September 2024

spiritualcompanions.org

UK charity number 155777

What the Diploma in Spiritual Coaching & Caregiving will enable you to do:

- Gain a relevant and meaningful qualification, which is recognised across spiritual and non-spiritual sectors.
- Support others on their spiritual journey.
- Learn with a group of like-minded individuals, in a safe and inclusive space.
- Compassionately support your clients, colleagues and companions in clarifying:
 - Their own personal understanding of spirituality.
 - How to connect with life's wonder and energy.
 - The inner meaning and purpose of their life's journey.
 - Strategies for developing and deepening their spirituality.
 - The crucial connection between their spirituality and their wellbeing.
 - An inclusive and holistic approach to faith, spirituality and religious cultures.
- Identify, support and refer when you are working with someone in spiritual crisis.
- Due to the course being experiential and practical, gain a first-hand experience of the benefits of nourishing your own spiritual health.
- Fulfils your CPD requirements.

Care for others. Care for self.

Find out more
spiritualcompanions.org