

Introductory Course in Bach Flower Remedies - Outline Programme for Students

Aims of the Course

- To take an in-depth look at the traditional crisis formula and its uses
- To give detailed information on the seven groups and on each of Dr Bach's 38 remedies including case histories and practical examples
- To introduce the history and philosophy of Dr Edward Bach
- To show how to use the remedies in everyday situations for yourself, friends and family as well as for plants and animals
- To inspire students to learn more about the remedies.

Student Learning Objectives

- Be familiar with Dr Bach's "rescue" composite and how to use it
- Have an overview of each of the 38 remedies in Dr Bach's system and their indications
- Understand the application of the remedies to common everyday situations
- Learn how to use the remedies and to experience first-hand their effects
- Know who Dr Bach was and understand the broad outlines of his philosophy
- Understand the principles of Dr Bach's system and approach to healing
- Understand how the remedies are made and how this relates to the philosophy of Dr Bach
- Be aware of educational materials available and further opportunities for learning, including courses and books.

Recommended Reading

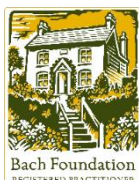
- The Twelve Healers and other remedies by Dr Edward Bach – available for free here [Free downloads of Dr Bach's writings, and more, from The Bach Centre](#)
- The Bach Remedies Workbook by Stefan Ball *
- The Bach Flower Remedies Step by Step by Judy Howard *
- CD: Getting to know the Bach Flower Remedies.

Dates: Saturday 8th June 2024 and Saturday 22nd June 2024
Time: 10:00am to 5:00pm each day
Venue: The Isbourne Wellbeing Centre, 2 Wolseley Terrace, GL50 1TH
Price: £150 (to include all course materials / handouts and the two books * above)

I hope you will join me in exploring how the remedies can help you gently restore a sense of balance and harmony in your life and gain a deeper understanding of yourself at all levels of your being – mind, body and spirit.

“Health depends on being in harmony with our souls” Dr Edward Bach

Call now on 07895 079278 to reserve your place!



www.chrysalishealingfoundation.co.uk

